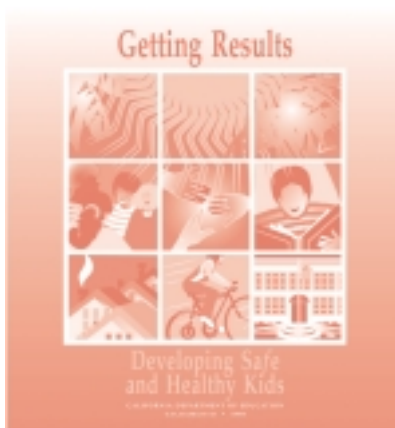


# WHAT IS...

## Getting Results: Developing Safe & Healthy Kids?



*Getting Results* is a collection of publications and services designed to help California school districts use research-based strategies to plan and implement alcohol-, tobacco-, and other drug-use, and violence-prevention programs. In every publication, leading researchers and practitioners critically examine current prevention research findings and their implications for schools. Annual *Getting Results* orientation sessions offer the opportunity for school personnel to ask questions and share experiences with researchers.

The *Getting Results* Web site ([www.gettingresults.org](http://www.gettingresults.org)) allows educators to read publications online or download them in PDF format, read biographies of the contributing researchers, review online training materials, and browse through “cool” links to other related Web sites.

### GETTING RESULTS PUBLICATIONS • 1998–2002

#### Getting Results, Part I

California Action Guide to Creating Safe and Drug-Free Schools and Communities (1998)

##### You'll find inside:

- California Guidelines for Program Design
- Action steps for designing a Safe and Drug-Free Schools and Communities (SDFSC) Program
- What works and **does not** work in preventing alcohol and other drug (AOD) use and violence
- Summaries of research and evaluation in AOD use and violence prevention: Big Brothers/Big Sisters, DARE, Life Skills Training, Project ALERT, Project Northland, Project STAR, Fifteen Thousand Hours, Project ACHIEVE, Project PATHE, and Quantum Opportunities
- Summaries of promising practices, such as Healthy Start, conflict resolution, district policies, environmental strategies, family involvement, and service-learning

##### Contributing Researchers

Bonnie Benard, Phyllis Ellickson, Delbert S. Elliot, Michael J. Furlong, and Rodney Skager

#### Getting Results, Part II

California Action Guide to Tobacco Use Prevention Education (2000)

##### You'll find inside:

- Tobacco Use Prevention Education (TUPE) program requirements
- Recommended California Guidelines for Tobacco Prevention
- What works and **does not** work in tobacco use prevention education
- Summaries of research and evaluation on tobacco use prevention programs: Project ALERT, Project TAPP, Project PATH, Project TNT, Life Skills Training, Project SHOUT, Minnesota Heart Health Program, Project STAR, community policing, and mass media campaigns
- Summaries of promising practices: cessation services, coordinated school health programs, curriculum infusion, media literacy, service-learning, and student activism
- Summary of findings about local TUPE programs from the Independent Evaluation Consortium

##### Contributing Researchers

Carol D'Onofrio, John Elder, Luanne Rohrbach, and Steve Sussman

## Getting Results, Update 1

### Positive Youth Development: Research, Commentary, and Action (1999)

Effective prevention does not mean taking time away from essential education. It means promoting schools as caring communities where students experience teacher warmth, supportiveness, and prosocial values and where student cooperation, participation, thinking, and expression of ideas are encouraged.

#### You'll find inside:

##### Summaries of research on:

- Developmental assets and asset-building communities
- Protective factors and connections that count
- The importance of schools in promoting protective factors

##### Researcher commentaries on:

- The power of schools in promoting positive human development
- Resiliency, protective factors, and connections that count in the lives of adolescents
- How to achieve science-based prevention
  - Search Institute's 40 Developmental Assets
  - Youth development action steps for schools
  - Resilience Assessment Module of the California Healthy Kids Survey

#### Contributing Researchers

Peter Benson, Norm Constantine, Michael D. Resnick, and J. Fred Springer

## Ordering Information

Copies of these publications are available from the California Department of Education, CDE Press, Sales Office, PO Box 271, Sacramento, CA 95812-0271; FAX (916) 323-0823. For information on prices, call (800) 995-4099.

## Getting Results, Update 2

### Assessing the Effectiveness of Classroom-Based Prevention Programs (2001)

#### You'll find inside:

- In-depth reviews of the three most commonly used resources in California classrooms — Here's Looking at You, DARE, and Quest — based on criteria of effectiveness
- Researcher commentary on the evolution of drug abuse prevention and a description of comprehensive social influences programming
- The research community's response to the Hutchinson Smoking Prevention Project evaluation
- Action steps for effective classroom-based prevention programs
- A listing of exemplary and promising programs rated by California Department of Education (*Getting Results*), U.S. Department of Education's Expert Panel, Centers for Substance Abuse Prevention Model Programs, and Blueprints for Violence Prevention

#### Contributing Researchers

Denise Hallfors and Steve Sussman

## Getting Results, Update 3

### Alcohol, Tobacco, Other Drug, and Violence Prevention: Research Update (2002)

#### You'll find inside:

##### Summaries of research on:

- Risk and protection factors
- Exposure to advertising in magazines
- Hutchinson Smoking Prevention Project
- Project Northland
- Peer helping/involvement
- Reconnecting Youth program
- Prevention and education reform

##### Researcher commentaries on:

- Connecting risk and protective factors for prevention
- The importance of multiple components in prevention programs
- Weaving the fabric of education reform to cover more than schools

#### Contributing Researchers

Patrick Aaby, Bill Hansen, and Cheryl Perry